



## **CLINPRO 5000 TOOTHPASTE**

- Use at night before bed after brushing with your regular toothpaste.
- Place a small pea sized amount of ClinPro 5000 on your toothbrush.
- Brush along gum line where teeth meet your gums.
  - Brush the inside and outside of your teeth for 1 minute on top and 1 minute on bottom.
- Use your saliva to swish the ClinPro 5000 for 30 seconds and spit in the sink.
- Do not rinse with water so that the ClinPro leaves a thin layer on your teeth to work overnight.
- Do not eat or drink after brushing.